

Task List SPORTS MEDICINE

Student _____ Department _____

The student will read and study departmental policy and procedure manuals for **SPORTS MEDICINE**.

The student will either observe or aid in the performance of the following activities.

Activities

	Observed	Aided	Date
1. Biodex Isokinetic Machine:			
A. Test and interpretation			
B. Set-ups			
2. Contrast			
3. Cryotherapy / Thermotherapy			
4. Body fat measurement			
5. Exercise machines:			
A. Fitness uses			
B. Rehab uses			
6. Assessments:			
A. Low back pain			
B. Knee			
C. Ankle			
D. Shoulder			
E. Miscellaneous			
7. Modalities			
8. Other			

Facility Supervisor Signature _____

Student Signature _____